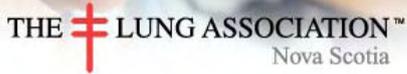




Asthma Aware



Course Overview:

Asthma Awareness defines asthma, describes asthma symptoms and treatment options, and provides participants with the 'need to know' information necessary to make appropriate, effective first aid choices in situations involving asthma flare-ups.

Who Should Take the Course?

There are children with asthma in most classrooms, on most sports teams, and in most activity groups. To ensure the health and safety of these children, all teachers, care providers, coaches, referees, volunteers, community group leaders and parents should be educated about asthma.

Course Objectives:

Upon completion of the course, participants will be able to:

- Define asthma
- Identify children/athletes in their care with asthma
- Identify the signs and symptoms of an asthma flare-up
- Describe what a severe asthma attack looks like
- Explain changes in the airway from an asthma flare-up
- Identify asthma triggers
- Demonstrate the proper use of asthma medication devices
- Provide treatment to a child/athlete having an asthma flare-up
- Decide when to seek medical attention or call 911
- Communicate more effectively regarding asthma

Evaluation Process:

At the end of the module, there is a test. Participants that do not achieve 100% can review the module content and try as many times as necessary to complete the course. Test questions are randomly selected from a test bank, making each test unique.

Upon successfully completing all modules, there is a printable certificate for your records.

Course Duration:

This online course is self-paced. Participants may leave the course at anytime and can resume where they left off. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, the timeline for completion will be 1 - 2 hours.